

GRAFIC DE LUCRU ASISTENTI MEDICALI IASI

NORMA DE BAZA+GARZI

TURA 1

LUNA IUNIE 2026

COMPARTIMENT AST. MED. URG. SI TRANSPORT MED. ASISTAT

ORE PROGRAM=168

ORE GRAFIC=184/185



MARCA	Nr	NUME PRENUME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
909	1		Z	N	N		Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		
527	2		L	C	C	C		C	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.	
639	3		Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect. 20-asist. karate		
733	4		Z	Ce			Z	N		C	C	C	C	C			C	C	C	C	C		Z	N			Z	N			Z	N			Ce -efect.		
1068	5		Z	N			Z	N			Z	N	N		Z	Ce			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
605	6		Z	N			Z	N			Z	N			Z	N	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.	
978	7		Z	N			Z	N	N		Z	N			Z	N			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
627	8		L	C	C	C	C			C	C	N			Z	N	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.	
916	9		Z	N			Ce	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		
7625	10		Z	N			Z	N			Z	Ce			Z	N			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
734	11		Z	N			Z	N			Z	Ce			Z	N			Z	N			Z	N	N		Z	N			Z	N			Ce -efect.		
866	12		Z	N			Z	L			Z	N			Z	N			Z	N	N			Z	N			Z	N	N			Z	N			Ce -efect.
726	13		Z	N			Z	N			Z	N			Z	N	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.	
647	14		Z	N			Z	N		8	8	8	8	8				8	8	Z	N			Z	N			Z	N			Z	N			Ce -efect.	
908	15		Z	N			Z	N			Z	N			Z	N			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
1083	16		Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		
1003	17			C	C	C	C			C	C	C	C	C			C	C	C	C	C			Z	N		Z	N			Z	N			Ce -efect.		
638	18		Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		
569	19		Z	N			Z	N			Ce	N			Z	N			Z	N	N			Z	N			Z	N			Z	N			Ce -efect.	
630	20		L	N			Z	N			Z	N			Z	Ce			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
556	21		Z	N	N		Z	N			Z	N			Z	Ce			C	C	C			C	C	C	C	C			C	C			Ce -efect.		
899	22		Z	N			Z	N			Z	Ce			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		
920	23			C	C	C	C			C	C	C	C	C			C	C	C	C	C			C			Z	N			Z	N			Ce -efect. C.o. - copil		
1032	24		Z	N			Ce	L			Z	N			Z	N			Z	N	N			Z	N			Z	N			Z	N			Ce -efect.	
1006	25		Z	Ce			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce -efect.		

18 18 18 18 17 18 19 18 17 18 18 17 18 18 18 17

As. Transport

1 1 2 1 2 1 1 1 2 1 1 1 1 1 1 1

As. de pe alta tura

T4-1 T4-1 T4-2 T3-3 T4-3 T3-1 T4-1 T3-1 T4-1 T3-1 T4-1

ATENTIE! - asistentul medical va respecta ora de intrare in activitate conform ambulantei pe care este planificat!

Z/N	Tură de zi/noapte(7.00-19.00/19.00-07.00)
Z/N=16/17 ore	gardă turnus Z/N/D/d
	program 08.00-20.00/20.00-08.00
D	Zile libere / sărbători legale
d	Dispeccerat tură de zi
	Dispeccerat tură de noapte
AS. PERMANENTA/ AS. DISP. TRANSP.	
ASISTENTI PERM. DISP. INTEGRAT	
Asist comp.transport	

C	CO cu posibilă rechemare de urgență
CB	Concediu boala
CE	Concediu eveniment
CFF	Concediu fara plata
Z/N	garda pe alta tura
	program pe alta tura/alta substatie/statia cetrala

Intocmit
Director Medical, Asistent sef,

**GRAFIC DE LUCRU ASISTENTI MEDICALI IASI
NORMA DE BAZA+GARZI
TURA 3**

Se aproba
MANAGER GENERAL



ORE PROGRAM=168
ORE GRAFIC=180

**LUNA IUNIE 2026
COMPARTIMENT AST. MED. URG. SI TRANSPORT MED. ASISTAT**

MARCA	Nr.	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
626	1			Z	N			Z	N			Z	N			Z	N			Z	N			C	C	C	C	C			C	C	
577	2			C	C	C	C			C	C	Ce	Z			Z	Z			Z	Z			Z	Z			Z	Z			Z	
351	3			Z	N			Z	N			Z	N			Z	C	C	C	C	C			C	C	C	C	C			C	C	
1060	4			Ce	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
529	5			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
553	6			Z	Ce			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
1026	7			Z	N			Z		Ce		Z	N			Z	N			Z	N			Z	N			Z	N			Z	
897	8			Z	N	N		Z	N			Z	N			Z	N			C	C	C			C	C	C	C			C	C	
651	9			Z	N			Z	N			Z	N			Z	N			Z	N	N			Z	C	C	C	C			C	C
362	10			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
958	11			C	C	C	C			C		Z	N			Z	N	N		Z	N			Z	N			Z	N			Z	
1027	12			Z	N			Z	N			C	C	C	C					Z	N			Z	N			Z	N			Z	
959	13			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
384	14			C	C	C	C			C	C	Z	N			Z	N			Z	N			Z	N	N		Z	N			Z	
528	15			Z	N			Z	N			Z	Ce			Z	N			Z	N			Z	N	N		Z	N			Z	
1080	16			Z	N			Z	N			C	C	C	C					C	C	C	C		C	N		Z	N			Z	
785	17			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	
982	18			Z	N			Z	N			Z	N			Z	N			Z	Ce			C	C	C	C	C			C	C	
687	19			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N	N		Z	N			Z	
649	20			Z	N			Z	N			Z	N			Z	Ce			Z	N			Z	N			Z	N			Z	
6676	21			Z	N	N		Z	N			C	C	C	C					C	C	C	C	N		Z	N			Z	N	N	Z
894	22			Z	Ce			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N	N		Z	
1000	23				N				N				N				N				N				N				N				
539	24			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce	

As. Transport	17	18	18	18	17	18	17	18	17	17	17	18	17	17	17							
As. de pe alta tura	2	1	1	1	2	1	2	1	2	1	2	1	2	1	2							
		T1-2	T2-1	T1-1			T1-1			T1-3		T2-1	T1-2		T2-3	T1-1		T2-2	T1-1			T2-3

ATENȚIE! - asistentul medical va respecta ora de intrare in activitate conform ambulantei pe care este planificat!

Z/N	Tură de zi/noapte(7.00-19.00/19.00-07.00)	C	CO cu posibilă rechemare de urgență
Z/N=32 ore	gardă turnus Z/N/D/d	CB	Concediu boala
	program 08.00-20.00/20.00-08.00	CE	Concediu eveniment
	Zile libere / sărbători legale	CFP	Concediu fara plata
D	Dispecerat tură de zi	Z/N	garda pe alta tura
d	Dispecerat tură de noapte		program pe alta tura/alta substatie/statia cetrala
AS. PERMANENTĂ AS. DISP. TRANSP.			
ASISTENȚI PERM. DISP. INTEGRAT			
Asist comp.transport			

Intocmit
Director Medical, Asistent sef,

**GRAFIC DE LUCRU DISPECERAT INTEGRAT IASI
NORMA DE BAZA+GARZI**

Se aproba
MANAGER GENERAL



**TURA 1
LUNA Iunie 2026**

ORE PROGRAM=168
ORE GRAFIC=17

Nr	Marca	NUME PRENUME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
D.I+D.T.	7625		Z	N			Z	N			Z	Ce			Z	N			C	C	C			C	C	C	C	C			C	C	Ce - efect
D.I+D.T.	647		Z	N			Z	N		8	8	8	8	8			8	8	Z	N			Z	N			Z	N			Z	N	Ce - efect
D.I+D.T.	909		Z	N	N		Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N	Ce - efect
1	960		L	C	C	C	C			C	C	C	C	C			C	C	Z	N			Z	N	N		Z	N			Ce	N	Ce - efect
2	731		Z	N	N		Z	N			Z	N			Z	N	N		Z	N			Z	N			Ce	N			Z	N	Ce - efect
3	451		Z	N			Z	N			Ce	N			Z	N			Z	N			Z	N		Z	Z	N			Z	N	Ce - efect
4	352		Z	N			Ce	N	N		Z	N			Z	N			Z	N			Z	N		Z	Z	N			Z	N	Ce - efect
5	376		Z	N			Z	N		Z	Z	N			Z		Ce	C	C	C	C			C	C	C	C	C			C	C	Ce - efect
6	716		Z	N		Z	Z	N			Z	N			Z	N		Z	Z	N			Z	N			Z	N			Z	N	Ce - efect
7	781		L	C	C	C	C			C	C	C	C	C			C		Ce	N		Z	Z	N			Z	N			Z	N	Ce - efect
8	847		Z	N			Z	N			Z	Ce			Z	N			Z	N			Z	N			Z	N	N		Z	N	Ce - efect
		NR. OPER.ISU	6	6			6	6			6	6			6	6			6	6			6	6			6	6			6	6	
		NR. OPER. AMB	1	2			1	2			2	1			1	2			1	2			1	2			1	2			1	1	

TURA 2

LUNA Iunie 2026

ORE PROGRAM=168
ORE GRAFIC=7

Nr.	Marca	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
D.I+D.T.	578				Z	N			Z	N			Z	N			Z	N			C			C	C	C	C	C			C	C	Ce - efect
D.I+D.T.	642			C	C	C	C			C			Z	N			Z	N			Z	N			Z	N			Z	N			Ce - efect
D.T.	704				C	C	C			C	C	C	C	C			C	C			Z	N	N		N				Z	N			Ce - efect
1	823				Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Z	N			Ce - efect
2	701		N		Z	N			Z	N			N	N			Z	N			Z	N			Z	N			Z	N		Z	Ce - efect
3	924			C	C	C	C			C	C	C	C	C			C	N	N		Z	N			Z	N		Z	Z	N			Ce - efect
4	922				Z	N		Z	Z	N			Z	N			Z	N			Z	N			Z	N			Z	N	N		Ce - efect
5	1070				N	N			Z	N			Z	N			Z	N			Ce	N			Z	N			Z	N			Ce - efect
6	874			C	C	C	C			C	C			Ce	N		Z	N			Z	N	N		Z	N			Z	N			Ce - efect
7	730				Z	N			Z	N			Z	N			N	N			Z	N			Ce	N	N		Z	N			Ce - efect
8	884				Z	N			Z	N	N		Z	N			Z	N			Z	N		Z	Z	Ce			Z	N			Ce - efect
9	534		Z	Z	N			Z	N			Z	N			Z	L				C			C	C	C	C	C			C	C	Ce - efect
		NR. OPER. ISU			6	6			6	6			6	6			6	6			6	6			6	6			6	6			
		NR. OPER. AMB			1	2			2	2			1	2			1	2			2	2			1	2			2	2			

Z/N	Tură de zi/noapte(7.00-19.00/19.00-07.00)
Z/N - T1=17, T2=7	gardă turnus Z/N/D/d
	program 08.00-20.00/20.00-08.00
D	Zile libere / sărbători legale
d	Dispecerat tură de zi
	Dispecerat tură de noapte
AS.Permanenta/AS.DISP.TRANSP	
ASISTENTI PERM. DISP. INTEGRAT	

C	CO cu posibilă rechemare de urgență
CB	Concediu boala
CE	Concediu eveniment
CFP	Concediu fara plata
Z/N	garda pe alta tura
	program pe alta tura/alta substatie/statia cetrala

Intocmit
Director Medical, Asistent sef,

GRAFIC DE LUCRU DISPECERAT INTEGRAT IASI

NORMA DE BAZA+GARZI

TURA 3

LUNA IUNIE 2026

ORE PROGRAM=168

ORE GRAFIC=180



Nr.	Marca	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
D.I+D.T.	384			C	C	C	C			C	C	Z	N			Z	N			Z	N			Z	N	N		Z	N			Z	Ce - efect.		
D.I+D.T.	6679			Z	N	N			Z	N		C	C	C	C		C	C	C	C	N			Z	N			Z	N	N		Z	Ce - efect.		
D.I+D.T.	651			Z	N				Z	N		Z	Z	N			Z	N			Z	N	N		Z	C	C	C	C			C	C	Ce - efect.	
1	1046			Z	N			Z	Z	N			Z	N			Z	Ce		C	C	C			C	C	C	C			C	C	Ce - efect.		
2	537			Z	Z	N			Z	N	N		Z	N			Z	N			Z	N			Z	N			Z	N			Z	Ce - efect.	
3	883			C	C	C	C			C	C	C	C	C			C			Z	N			Z	N	N		Z	N			Z	Ce - efect.		
4	531			C	C	C	C			C	C	Z	N			Z	N			Z	Z	N			Z	N			Z	N			Z	Z	Ce - efect.
5	714			Z	N				Z	N		Z	Z	N			Z	N			Z	N			Z	N			Z	N			Z	Ce - efect.	
6	674			Z	N				Z	N		Z	Z	N			Z	N			Z	N			Z	N			Z	N			Z	Ce - efect.	
7	846			Z	N			Z	Z	N			Z	N			Z	N			Z	N			C	C	C	C	C			C	C	Ce - efect.	
8	536			Z	N	N			Z	N			Z	N			Z	N			Z	N			Z	N		Z	Z	N			Z	Ce - efect.	
NR. OPER.ISU			6	6			6	6			6	6			6	6			6	6			6	6			6	6			6				
NR. OPER. AMB			1	2			1	1			1	2			1	2			1	2			2	1			1	1			1				

ORE PROGRAM=168

ORE GRAFIC=180

TURA 4

LUNA IUNIE 2026

Nr.	Marca	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
D.I+D.T.	715		N		Z	Z	N			Z	N			Z	N			Z	N		Z	Z	N			Z		C			C	C	Ce - efect.	
D.I+D.T.	719		N			Z	N			Z	N		N		Z	N			Z	N			Z	N		Z	Z	N			Z	N		Ce - efect.
D.I+D.T.	676		N		C	C	C			Z	N			Z	N			Z	N			Z	N			Z	N		Z	Z	N			Ce - efect.
1	863		L			Z	N	N		Z	N	N		Z	N			Z	N			Z	N			Z	N			Z	N		Ce - efect.	
2	961		N	N		Ce	N			Z	N	N		L	N			C	C	C	C			C	C	C	C	C		Z	N		Ce - efect.	
3	963		N			Z	N			Z	N			Z	N	N		Z	N			Z	N			Z	Z	N			Z	C	C	Ce - efect.
4	821		N			Z	N	N		Z	N			Z	Z			C	C	C	C			C	C	C	C	C			C	C	Ce - efect.	
5	468		N		Z	Z	N			Ce	N			Z	N			Z	N	N		Z	N			Z	N			Z	N		Ce - efect.	
6	565			C	C	C	C			Z	N		Z		Z	N			Z	N			Z	N			Ce	N	N		Z	N		Ce - efect.
7	921		N			Z	N		Z	Z	Ce			Z	N			Z	N		Z	Z	N			Z	N			Z	N		Ce - efect.	
8	782		N	N		Z	N			Z	N			Ce	N	N		Z	N			Z	N			Z	N			Z	N		Ce - efect.	
NR. OPER.ISU			6		6	6			6	6			6	6			6	6			6	6			6	6			6	6				
NR. OPER. AMB			2		1	1			2	2			1	2			2	2			2	2			2	1			1	1				

Z/N	Tură de zi/noapte(7.00-19.00/19.00-07.00)
Z/N - T3=12, T4=12	gardă turnus Z/N/D/d
	program 08.00-20.00/20.00-08.00
	Zile libere / sărbători legale
D	Dispecerat tură de zi
d	Dispecerat tură de noapte
AS. PERM./AS. DISP. TRANSP.	
AS. PERM. DISP. INTEGRAT	

C	CO cu posibilă rechemare de urgență
CB	Concediu boala
CE	Concediu eveniment
CFP	Concediu fara plata
Z/N	garda pe alta tura
	program pe alta tura/alta substatie/statia centrala

Intocmit

Director Medical,

Asistent scf,



GRAFIC DE LUCRU
TURA DE ZI

Norma baza=168

LUNA IUNIE 2026

Nr.	Marca	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
1	5998		8	8	8	8	8			8	8	8	8	8			8	8	8	8	8			8	8	8	C	C			C	C
2	475		8	8	8	8	8			C	C	C	C	C			C	C	8	8	8			8	8	8	8	8			8	8
3			8	8	8	8	8			8	8	8	8	8			8	8	8	8	8			8	8	8	8	8			8	8
1	962		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
2	855		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
3	1009		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
4	1047		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
5	1025		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
6	1062		M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
1	824		8	8	8	8	8			L	L	L	8	8	8		8	8	8	8	8		8	8	8	8	8	8	8	8	8	
2	968		8	8	8	8	8	8		8	8	8	L	L			C	C	C	C	C			8	8	8	8	8			8	8
3	1044		8	8	8	8	8			8	8	8	8	8	8	8	8	8	8	8	L			C	C	C	C	C			C	C
4	1084		8	L	L	L		8	8	8	8	8	8	8			8	8	8	8	8	8	8		8	8	8	8	8	8	8	8
5	1160		8	8	8	8	8			8	8	8	8	8			8	8	8	8	8			8	8	8	8	8			8	8

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Nr.	Marca	Nume , prenume	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
1	1045			7	7	7	7			7	7	7	7	7			7	7	7	7	7			7	7	7	7	7			7	7	
2	697		7	CE	Z	N			Z	N			Z	N			Z				Z	N			Z	N			Z	N			3
3	5528			Z	CE			Z	N			Z	N			Z	N			Z	N			Z	4			Z		Z		Z	0
4	1023		Z	CE			Z	N			Z				Z	N			Z	N			Z	C	C	C	C	C			Z		0
5	1075			B	B	B	B			B	B	B	B	B			B	B	B	B	B			B	B	B	B	B			B	B	0
6	1076		N		CE	Z	N			Z	N			Z	N			Z	4			Z	N			Z	Z		N				0

Intocmit

DIRECTOR MEDICAL

Farmacist